



*Twenty-Third Annual*



# Regional Cancer Symposium

*Saturday, September 26, 2026*

## **CONFERENCE CHAIR:**

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**Sabrina Shilad, M.D., FACS**

Assistant Medical Director of Cancer Services  
Medical Director of the Breast Program

## **A SYMPOSIUM FOCUSING ON:**

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Current topics in cancer care, prevention  
and treatment.

## **CONFERENCE LOCATED AT**

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Pro Football Hall of Fame Nash Family Event  
& Conference Center

## **TO REGISTER OR LEARN MORE, GO TO:**

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[Aultman.org/CancerSymposium](https://Aultman.org/CancerSymposium)





## CONFERENCE AGENDA

**7:15 – 7:55 a.m.**

Check-in/Registration/Breakfast/Exhibits

**7:55 – 8 a.m.**

Welcome/Opening Remarks

*Dr. Sabrina Shilad*

**8 – 8:35 a.m.**

Surgical Treatment of Loco-Regionally  
Advanced NSCLC in the Era of  
Immunotherapy

*Dr. Philip Linden*

**8:35 – 9:10 a.m.**

Updates in GU Oncology: Science and  
Practice Changes in 2026

*Dr. Jorge Garcia*

**9:10 – 9:25 a.m.**

Break and Exhibits

**9:25 – 10 a.m.**

Hormones and Breast Cancer Risk

*Dr. Lakshmi Khatri*

**10 – 10:35 a.m.**

Physical Activity After Cancer Diagnosis:  
Evidence, Safety, and Practical Integration  
into Oncology Care

*Dr. Jessica Ruff*

**10:35 – 10:50 a.m.**

Break and Exhibits

**10:50 – 11:25 a.m.**

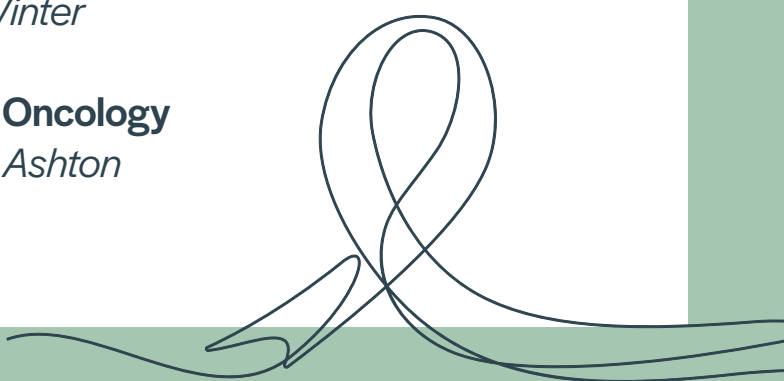
Novel Treatments for Pancreatic Cancer

*Dr. Jordan Winter*

**11:25 a.m. – Noon**

Self-Care in Oncology

*Dr. Kathleen Ashton*



## FACULTY



### **Philip Linden, M.D.**

- Surgical Director, Thoracic Oncology Program, Seidman Cancer Center

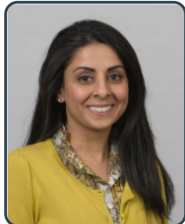
*Surgical Treatment of Loco-Regionally Advanced NSCLC in the Era of Immunotherapy*



### **Jorge Garcia, M.D., MSc, FACP**

- Chair, Division of Solid Tumor Oncology, University Hospitals Seidman Cancer Center
- Professor of Medicine and Urology, Case Western Reserve University

*Updates in GU Oncology:  
Science and Practice Changes in 2026*



### **Lakshmi Khatri, M.D.**

- Director, Medical Breast Services, Cleveland Clinic
- Clinical Assistant Professor, Cleveland Clinic Lerner College of Medicine of Case Western Reserve University
- Core Faculty Member, Internal Medicine Residency Program, Cleveland Clinic

*Hormones and Breast Cancer Risk*

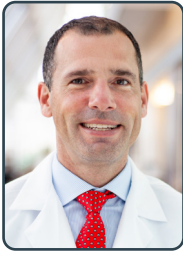


### **Jessica Ruff, M.D., MA, MSPH**

- Staff Physician, Cleveland Clinic, Primary Care Institute
- Wellness Physician Informaticist, Cleveland Clinic, Primary Care Institute
- Information Technology Medical Director Patient Journey
- Site Director, Case Western Reserve Clinical Informatics Fellowship

*Physical Activity After Cancer Diagnosis: Evidence, Safety, and Practical Integration into Oncology Care*

## FACULTY



### **Jordan Winter, M.D., FACS**

- Division Chief of Surgical Oncology, University Hospitals
- Director of Surgical Services, Seidman Cancer Center
- Professor in the Departments of Surgery and Biochemistry, Case Western Reserve University School of Medicine
- Co-director of the Developmental Therapeutics Program, Case Comprehensive Cancer Center and Executive Vice Chair of the Department of Surgery
- Director of the Digestive Health Institute

*Novel Treatments for Pancreatic Cancer*



### **Kathleen Ashton, PhD, ABPP, FACHP**

- Board Certified Clinical Health Psychologist, MetroHealth System Cancer Care Center
- Lead Psychologist for Bone and Marrow Transplant and Associate Professor, Case Western Reserve University School of Medicine
- Associate Professor, Department of Psychiatry, Case Western Reserve University School of Medicine

*Self-Care in Oncology*



## OBJECTIVES

**After this activity, the learners should be able to:**

1. Outline the benefits of neoadjuvant and perioperative chemoimmunotherapy for NSCLC.
2. Examine the risks of surgery for lung cancer.
3. Review the benefits and limitations of surgery for patients with mediastinal nodal spread.
4. Review recent advances in the diagnosis, staging, and risk stratification of patients with prostate and bladder cancer, including the role of molecular biomarkers and advanced imaging.
5. Discuss current evidence supporting the use of systemic therapies, including novel hormonal agents, immunotherapy, antibody-drug conjugates, targeted therapies, and combination treatment strategies across disease stages.
6. Evaluate evolving multidisciplinary approaches to the management of localized, locally advanced, and metastatic prostate and bladder cancers, with emphasis on patient selection and individualized treatment planning.
7. Apply current clinical trial data and guideline recommendations to optimize treatment sequencing, toxicity management, and shared decision-making to improve patient outcomes and quality of life.
8. Examine the evidence on how exogenous hormones (oral contraceptives and menopausal hormone therapy) influence breast cancer risk in average and high-risk women.
9. Recognize that the type of hormone used impacts risk.
10. Assess menopausal hormone therapy in the very high-risk woman (BRCA carriers).
11. Review data for the use of hormones in breast cancer survivors (vaginal and systemic).
12. Describe the evidence supporting physical activity for symptoms, function, and selected survival outcomes after cancer diagnosis.
13. Identify when patients may begin self-directed activity versus when they need rehabilitation, physical therapy, or trained exercise support.
14. Apply a practical workflow to assess, recommend, and refer patients for physical activity support.
15. Describe advances in early detection of pancreatic cancer.
16. Review the advances in treatment of pancreatic cancer.
17. Outline the advances in prevention of pancreatic cancer.
18. Define burnout and factors affecting burnout in healthcare.
19. Describe the rates of burnout in oncology and risk and protective factors.
20. Demonstrate at least three coping strategies for burnout, including self-care and structural/institutional recommendations.



## **TARGET AUDIENCE**

This symposium is designed for medical, surgical and radiation oncologists, hematologists, radiologists, pathologists, surgeons, gynecologists, clinical genetic physicians, primary care physicians, internal medicine physicians, medical residents, medical students, physician assistants, advanced practice nurses, radiation therapists, oncology nurses and any health care professionals who are interested in current topics in cancer care, prevention and treatment.

## **STUDY REFERENCES**

Faculty presentations will be available on the conference website for download or print.

## **SPECIAL NEEDS STATEMENT**

Aultman Hospital is committed to making its activities accessible to all individuals. If you are in need of special accommodations due to a disability, please notify the Aultman Cancer Center at 330-363-3360 no later than four days prior to the event.

## **SPEAKER DISCLOSURE STATEMENT**

All speaker relevant relationships have been mitigated. The planners and CME committee have disclosed they have no financial relationships.

## **COMMERCIAL SUPPORT**

Commercial support and relevant financial relationships will be disclosed at the activity.

## **CME CREDITS**

Aultman Hospital is accredited by the Ohio State Medical Association, in accordance with the Accreditation Council for Continuing Medical Education, to provide continuing medical education for physicians. Aultman Hospital designates this live activity for a maximum of 3.5 AMA PRA Category 1 Credits™. Only the credit commensurate with the extent of participation in this activity should be claimed.

REQUEST FOR MDCB credit submitted. All MDCB-approved activities are approved for ARRT Category A credits.

# APPLYING FOR CREDIT & CERTIFICATE OF PARTICIPATION

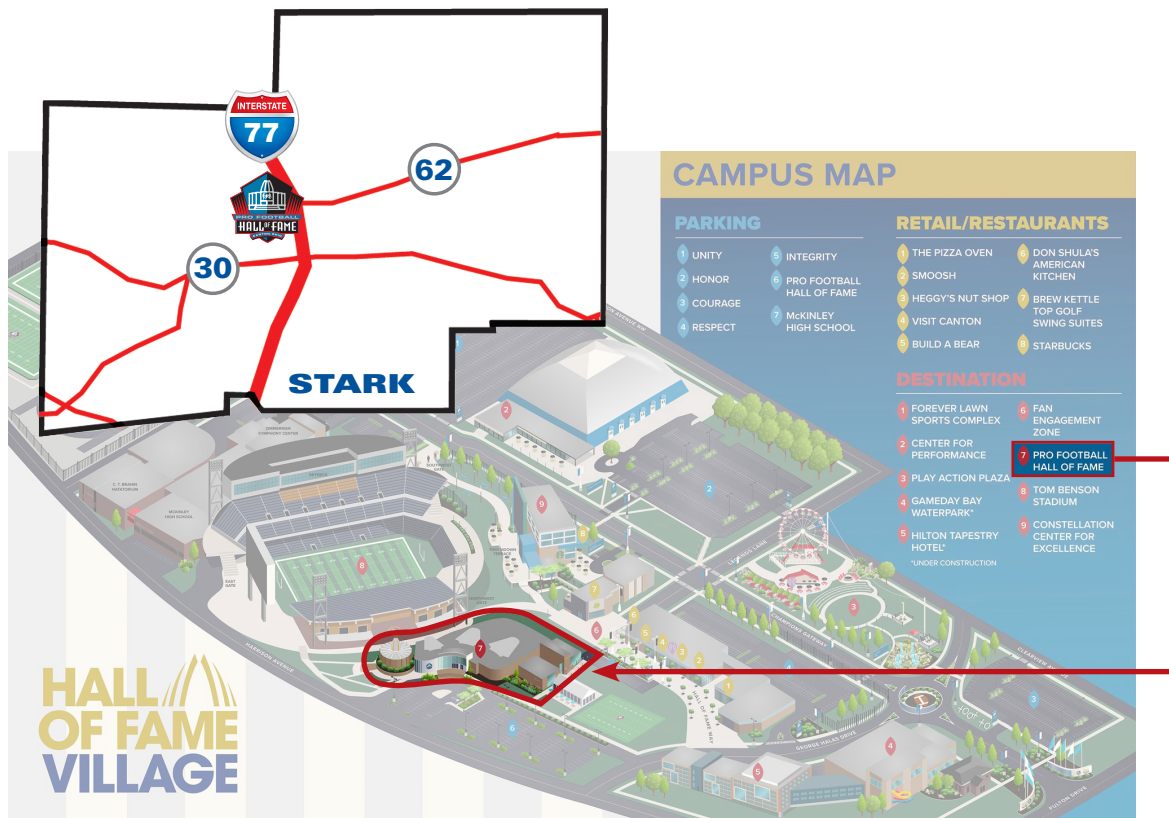
Participants claiming credit must sign in upon arrival and may submit their request online on the program website. An online link will also be provided at the activity. A Certificate of Participation will be emailed to you upon verification of attendance.

## TECHNICAL SUPPORT

For administrative or technical support, please contact Marie Hooper at 330-363-3360 or [marie.hooper@aultman.com](mailto:marie.hooper@aultman.com).

## CONFERENCE LOCATED AT

**Pro Football Hall of Fame  
Nash Family Event  
& Conference Center**



*Twenty-Third Annual*



# **Regional Cancer Symposium**

