

# PRE-ANESTHESIA TESTING



**LOCATION:** Aultman Main Hospital: 2600 6<sup>th</sup> St. SW, Canton

**DEPARTMENT:** Pre-Anesthesia Testing Department

## INSTRUCTIONS

- Hospital staff will contact you the day before your scheduled surgery to give you your surgery time information. They will instruct you on which medications to take the morning of surgery. The staff make these calls between 11:30 a.m. and 4:00 p.m. If your surgery falls on a Monday, they will call you Friday.
- Cardiac and Vascular surgery patients will be contacted by hospital staff from the cardiac surgery department. The staff make these calls the day before your procedure in the afternoon. If you have questions regarding your cardiac or vascular surgery arrival time, please call 330 363-5016.
- Do not eat solid foods after midnight the night before your surgery
  - You may continue to drink clear liquids up until the time you leave to come to the hospital.
  - **DO NOT** drink alcoholic beverages.
  - **DO NOT** eat any solid food or drink any non-clear liquid after midnight. Please refer to the list below of allowed and non-allowed liquids.
  - **DO NOT** eat any mints, candy or chew gum after midnight the night before your surgery.
  - Specific patients may be given different instructions including a special liquid to drink 2 hours before your surgery.

### These clear liquids are **ALLOWED**:

- Water
- Coffee-black
- Clear broth: beef or chicken
- Gatorade
- Lemonade or Kool-Aid
- Sodas and teas (no cream)
- Gelatin (without fruit)
- Popsicles (without fruit or cream)
- Juices without pulp; apple and white grape juice

### These liquids are **NOT ALLOWED**:

- Coffee with cream
- Milk or cream
- Milkshakes
- Tomato juice
- Orange juice
- Grapefruit juice
- Fruit nectars such as apricots
- Pineapple juice
- Cream soups or any soup other than broth
- Italian Ices with pulp cream

- Please shower the night before or the morning of your surgery. You may receive special showering instructions for certain surgeries.
- You may brush your teeth the morning of surgery and/or rinse with mouthwash/water. Be sure to NOT to swallow anything.
- The day of your surgery, please do not use any makeup, jewelry, nail polish, lotions, creams, powders, ointments or deodorant on the skin. Remove all piercings including dermal piercings. Please do not bring valuables with you the day of surgery.
- Please bring ALL home medications into the hospital with you the morning of surgery. This includes prescriptions, over-the-counter medications, inhalers, eye drops, ointments/creams and any CPAP or BiPAP device you may use.

### **DAY OF SURGERY**

Please check in at Same Day Surgery. For those having heart or vascular surgery, check in at the Heart and Vascular Center, Ambulatory Cardiac Unit, inside the Bedford Building entrance.

### **AFTER THE SURGERY**

You will need someone to drive you home from the hospital on discharge.

### **QUESTIONS PRIOR TO YOUR SURGERY**

If you need to contact the Pre-Anesthesia Testing Department, please call 330-363-2376.

### **SCHEDULING AND REGISTRATION:**

Pre-registration is required for an accurate medical record and proper billing. You may be contacted by a patient access representative if we need any information. If you have questions, please call 330-363-2376. If you need to reschedule your surgery, please contact your surgeon's office.

### **HOSPITAL PARKING**

Upon arrival, you can conveniently drop off the surgery patient at the Seventh Street Circle. Free parking is available in the parking deck on Seventh Street. The campus guides are on site Monday-Friday from 7 a.m. through 3:30 p.m. to assist with any wheelchair needs, wayfinding, and parking solutions. For any assistance after hours, you may contact security services at 330 363-6268.

Ambulatory Cardiac Unit (for heart and vascular surgery) is in the Deuble Heart and Vascular Center. Free parking is available in lot 3S (visitor) across from the Bedford building. Enter from Sixth Street.

### **DIRECTIONS TO THE DEPARTMENT**

Same Day Surgery is located on the first floor of the main hospital just inside the Seventh Street entrance. Seventh Street Deck parking is the closest parking.