

UPPER ENDOSCOPY OR  
ESOPHAGOGASTRODUODENOSCOPY  
(EGD)



Appointment Date: \_\_\_\_\_ Time: \_\_\_\_\_

**LOCATION: Aultman Main Hospital:** 2600 6<sup>th</sup> St. SW, Canton

**DEPARTMENT:** Aultman Endoscopy/Minor Surgery department on Main 2 (if your procedure is being done with moderate sedation) or Same-Day Surgery (if your procedure is being done with anesthesia).

**SUMMARY OF THE PROCEDURE:** An EGD is an examination of your esophagus (food pipe), stomach and duodenum (the first part of your small intestine) using a flexible scope. The procedure lasts approximately 15 minutes.

**INSTRUCTIONS**

**One week before your procedure:**

- Check with your doctor for specific instructions if you are taking aspirin, anti-inflammatory drugs, insulin or anticoagulants (blood thinners).
- Make sure you have arrangements to have someone with you who can drive you home after your procedure.

**The day before your procedure:**

- Do not eat or drink **ANYTHING** after midnight unless otherwise instructed by your doctor.
- The hospital will contact you with your arrival time, so please answer the phone if you see a call from Aultman.

**The day of your procedure:**

- Please bring a complete list of all your medications including prescription and over-the-counter medications, herbal supplements and vitamins.
- Wear loose-fitting clothes that will be comfortable for you to wear home.
- Leave valuables such as cash, credit cards or jewelry at home.
- If reporting to the **Endoscopy/Minor Surgery department**, go to the 2<sup>nd</sup> floor, follow the signage to “Blue Waiting Room Check-In” and use the kiosk to check-in. You will be escorted to the prep/recovery area, where you will change into a gown. Lockers are provided. Your family member/friend may wait for you in the waiting room.
- If reporting to the **Same-Day Surgery department**, check in with the person at the desk. Your family member/friend may wait with you until you are taken to the OR receiving area, then they will be escorted to the waiting room.

- You will be asked to sign a consent form to allow the doctor to perform the procedure.
- The nurse will start an intravenous (IV) line to provide fluids and sedation.

**During your procedure:**

- You will lie on your left side on a cart in a darkened room.
- Medicine will be given through your IV line to relax you and keep you comfortable. Oxygen will also be administered.
- The nurse will place a “bite block” in your mouth to protect your teeth and the scope.
- The scope will not interfere with your breathing. You may feel pressure in your throat, but you will likely not remember anything about the procedure because of the medicine given.
- The doctor will advance the scope into your stomach and duodenum for a close examination. A biopsy (a tiny piece of tissue) may be removed and sent to the lab for further testing. If a source of bleeding is identified, the physician may clip, band, cauterize (burn) or inject the spot to prevent further bleeding. You will not feel these procedures and it will not hurt.
- The entire procedure lasts about 15 minutes.

**After the procedure:**

- You will be taken to the recovery room where you will stay for about an hour.
- You may feel bloated or have some abdominal cramps. You will be encouraged to pass gas to get rid of these symptoms. You may also have a slight sore throat.
- The procedure doctor will tell you what they found and send a report to your primary care provider.
- After your recovery, you will be discharged home. **YOU MUST HAVE SOMEONE DRIVE YOU HOME.**
- You should not plan to do anything that requires concentration or coordination for the rest of the day.
- Please call your doctor if you have vomiting, difficult swallowing, any bleeding, a temperature elevation of 101 degrees or greater or severe abdominal pain that does not go away after you pass gas.

**LENGTH OF EXAM:** Plan on spending about three hours at the hospital from start to finish if your exam is done in the Endoscopy/Minor Surgery department, and up to five hours if your exam is done in the Same-Day Surgery department.

**QUESTIONS PRIOR TO YOUR TEST**

Call Aultman Endoscopy/Minor Surgery department at 330-363-2511 weekdays between 7 a.m. - 1 p.m. for any questions about your test.

**SCHEDULING AND REGISTRATION:** Pre-registration is required for an accurate medical record and proper billing. Please call Aultman Centralized Scheduling at 330-363-6318 between the hours of 8 a.m. and 4 p.m. to pre-register. If you have questions or need to reschedule your exam, please call the doctor who is performing the test.

### **HOSPITAL PARKING**

It is best if you park on the Seventh Street side of the hospital in the parking deck. Please note that your parking will be free since you are having a procedure with us.

### **DIRECTIONS TO THE DEPARTMENT**

The Aultman **Endoscopy/Minor Surgery** department is located in the main hospital on the second floor. From the main hospital lobby, take the elevators to the second floor. When exiting the elevators, turn right, then immediately turn left. You will see a white sign hanging from the ceiling that reads “Blue Waiting Room Check-In.” Check in with the person at the desk or by touching the computer kiosk screen on the desk and following the prompts.

The Aultman **Same-Day Surgery** department is located in the main hospital on the main floor right off of the lobby. When you enter through the 7<sup>th</sup> Street doors, make an immediate right and follow the “Same-Day Surgery” signs. Check in with the person at the desk.