HOLTER MONITOR

Appointment Date: __________________________ Time: _______________________

LOCATION: Aultman Hospital Heart Center (noninvasive heart lab)

SUMMARY OF THE TEST: A Holter monitor is done to check the rhythm of your heart. Sometimes the heart beats too fast or slow or has irregularities. The Holter monitor will record all your heartbeats while you are wearing the monitor.

WHAT YOU MAY FEEL: You will sit while five sticky pads called electrodes are placed on your chest. The pads will be hooked up to a small box (the monitor), and you will wear the monitor for a specified period of time. The pads may get itchy. After you have worn the monitor for the specified time, you will remove the sticky pads – and this may be uncomfortable.

INSTRUCTIONS

☐ Please bring a written order for your test from your doctor to the exam.

☐ Please bring a driver’s license or other photo ID.

☐ Please arrive at the hospital at least 5-10 minutes before your scheduled time of test.

☐ Do not wear any lotion, powder or perfume. It is OK to wear deodorant.

☐ You may take your medication and eat and drink as desired.

☐ BRING A LIST OF YOUR MEDICATIONS.

☐ You will be asked to bring your monitor back to Aultman and drop it off at the Heart Center front desk the morning your test is complete. You will get additional instructions about this when you come for your test.

☐ Please wear a button-down shirt or something loose.
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LENGTH OF THE EXAM: Plan on spending about 30 minutes at the hospital.

AFTER THE MONITOR IS ON:
- You may take your medication and eat and drink.
- You are encouraged to continue your daily activities.
- You may not shower or take a tub bath. Do not get the monitor wet.
- Please keep an accurate diary of your symptoms and activities as instructed.
- Remove the monitor as instructed, and return it to Aultman Heart Center on the day you remove it.

QUESTIONS PRIOR TO TESTING: Please call 330-363-4229 between 8 a.m. and 4 p.m.

List your questions/concerns prior to the start of the exam:

________________________________________________________________________

________________________________________________________________________

REGISTRATION: Pre-registration is required for an accurate medical record and proper billing. You may be contacted by a Patient Access Representative if we need any information. If you have any questions, please call 330-363-6288 or 1-800-837-0440 Monday-Friday between 7 a.m. and 6 p.m.

DIRECTIONS: Report to the Bedford building, which is adjacent to the main hospital at Sixth and Bedford. Cardiovascular Services is immediately off of the lobby to the right, in the Heart Center.

PARKING: Free visitor parking is available in Lot 3 across from the Bedford building; enter from Sixth Street. Valet parking is available at the Seventh Street and Bedford building entrances for a $5 fee – or free if you are a handicapped motorist or making a newborn pickup. Deck parking is also available for a fee, based on your length of stay.

Aultman Hospital
2600 Sixth St. SW
Canton

Aultman North
6100 Whipple Ave. NW
North Canton

Aultman West
2021 Wales Ave. NE
Massillon

Aultman Carrollton
1020 Trump Road
Carrollton