Stereotactic Breast Biopsy

Appointment Date: ________________ Procedure Time: ________________

LOCATION
Aultman Hospital
Breast Care Center
2600 Sixth Street SW
Canton, OH 44710
330-363-6285

SUMMARY OF THE PROCEDURE
A stereotactic breast biopsy is a minimally invasive procedure using computer technology to obtain a sample of breast tissue when you have an abnormal mammogram or ultrasound. A radiologist will use “stereo” x-rays (x-rays taken from multiple angles) and a special biopsy needle to obtain the needed sample during the biopsy.

WHAT TO EXPECT PRIOR TO THE PROCEDURE
☐ You may eat, drink, and engage in all normal activities before your appointment.
☐ Please wear a blouse and pants or a skirt. You will need to remove clothing from the upper portion of your body for the procedure.
☐ Do not use deodorant or talcum powder the day of the biopsy.
☐ Please take all prescription medications as usual.
   ☐ EXCEPTION: If you take blood thinners or aspirin, you will be given specific instructions by your physician on which medications to stop and for how long prior to your procedure. Blood work may be necessary prior to the procedure for certain medications.
☐ Please arrive 15 minutes prior to your scheduled procedure time.
☐ Please bring a written order from your doctor, complete list of all your medications, and a driver’s license or other photo ID.
☐ You will be required to read and sign exam consent forms. If reading glasses are needed, please bring them with you.

WHAT YOU MAY EXPECT DURING THE PROCEDURE
Upon your arrival at the Breast Care Center, you will be greeted by our receptionist and escorted to a dressing room where you will change into a hospital gown. A nurse will then escort you to our stereotactic biopsy suite. She will ask you several questions about your medical history and medications, and take your vital signs. A technologist will position you comfortably on your abdomen on a specially-designed examination table. Your breast will be placed through an opening in the table and will be compressed slightly as is done during a mammogram. Several digital x-rays will be taken of the breast being biopsied to view the area in question. Once this is done, the physician will review the films and use a computer to locate the exact area to be sampled. Next, the physician will administer a local anesthetic using a very slender needle. The physician will then insert a biopsy needle and take additional x-rays to ensure its proper placement. Several samples of tissue will be extracted for analysis. While some women experience mild pain during the biopsy, most experience only mild discomfort. The entire process will take about one hour, while the biopsy itself, will only take a few minutes.
WHAT YOU MAY EXPECT AFTER THE PROCEDURE
After the procedure, a sterile gauze pad will be held on the site for several minutes to prevent bleeding. A simple dressing will then be placed over the site. Bruising may occur at the site of the biopsy and should subside within 3 to 4 weeks. You may apply ice to relieve any bruising or swelling. If you experience discomfort, do not take pain medication containing aspirin, you may take 2 Tylenol tablets every 4 to 6 hours.

RESULTS
Your biopsy sample will be delivered to a pathologist who will examine it and prepare a report for your physician. Within 3 to 5 business days, you may contact your physician for the results.

SCHEDULING & REGISTRATION
All exams require an order from your physician. The physician's office will contact the Breast Care Center to schedule your procedure. You will need to pre-register by calling Centralized Scheduling at 330-363-6288, Monday- Friday, 7:00 am – 6:00 pm.

QUESTIONS PRIOR TO TESTING
Please call the Breast Care Center at 330-363-6285 Monday –Friday 8:00 am- 4:00 pm

PARKING
Patient parking is available at the Bedford Avenue parking lot or the Seventh Street parking deck free of charge.
- Patient parking is located at the intersection of Bedford Avenue and Sixth Street across from the Bedford building entrance of Aultman Hospital
- The parking deck is located on Seventh Street across from the Seventh Street entrance to the hospital.
- Valet parking is available at both the Bedford and Seventh Street entrances for a small fee.

DIRECTIONS TO THE BREAST CARE CENTER
Bedford Entrance
- The Breast Care Center is located on the main level of Aultman Hospital between the main building and the Bedford building. You will enter the doors of the Bedford building and proceed up the stairs or elevator to the main level, and then you will turn to the left and proceed past Seasons Café. The Breast Care Center will be directly in front of you.

Seventh Street Entrance
- The Breast Care Center is located on the main level of Aultman Hospital between the main building and the Bedford building. You will enter the doors at the Seventh Street entrance and walk through the lobby. Once you pass the main elevators, turn to the right and proceed past The Shoppes at Aultman. The Breast Care Center will be to the right.