

**Appointment Date:** \_\_\_\_\_ **Time:** \_\_\_\_\_

**LOCATION:** Aultman Main Hospital: 2600 6<sup>th</sup> St. SW, Canton

**DEPARTMENT:** Breast Care Center

### **SUMMARY OF THE PROCEDURE**

A stereotactic breast biopsy is a procedure that is done to obtain a very small piece of tissue when you have an abnormal mammogram or ultrasound. The tissue sample is examined by a pathologist to help determine a diagnosis. The radiologist will use “stereo” X-rays (X-rays taken from multiple angles) and a special biopsy needle to obtain the needed sample during the biopsy.

### **WHAT TO EXPECT**

You will be escorted to a dressing room where you will change into a hospital gown. A nurse will ask several questions about your medical history and medications and take your vital signs. A technologist will position you comfortably, upright, on the mammography machine. Your breast will be placed on a platform and compressed slightly.

Several digital X-rays will be taken to view the area in question. The radiologist will review the pictures and use a computer to locate the exact area to be sampled. Your skin will be cleaned with an antibacterial cleanser, and a local anesthetic will be used to numb the area. The radiologist will guide the needle into the area of interest and take additional pictures to ensure proper placement. Several samples will be extracted. At the end of the procedure, a marking clip will be placed inside the breast at the location of the biopsy.

### **INSTRUCTIONS**

- Please bring a written order from your doctor to the exam.
- Please bring a complete list of all your medications.
- Please bring a driver’s license or other photo ID.
- Please arrive 15 minutes prior to your scheduled time.
- You may eat, drink and engage in all normal activities before your appointment.
- Please take all your prescription medications as usual.
  - **EXCEPTION:** If you take blood thinners or aspirin, you will be given specific instructions by your physician on which medications to stop and for how long before your procedure. Blood work may be necessary before the procedure for certain medications.
- You will be required to read and sign exam consent forms. If reading glasses are needed, please bring them with you.

**NOTE:** Blood work should always be drawn before X-rays are performed. If you are having blood work in addition to your biopsy, please arrive one hour early and inform the outpatient lab you have a radiology appointment. Please arrive on time for your radiology exam.

### **LENGTH OF PROCEDURE:**

Please plan to be at the hospital for *about two hours* for this procedure.

### **AFTER THE PROCEDURE**

The area will be cleaned, and a bandage will be placed on the biopsy site. You may apply ice to relieve any bruising or swelling. You will need to keep the biopsy site dry, and you may be asked to avoid heavy lifting for the first 24 hours after the biopsy. If you experience discomfort, do not take aspirin; you may take two Tylenol tablets every four – six hours.

You should expect to receive the results of your exam at your next health care provider appointment (if scheduled) or within 10 days of your exam. Please call your health care provider if you do not receive your results.

### **QUESTIONS PRIOR TO YOUR TEST**

Call 330-363-6285 weekdays between 8 a.m. – 4 p.m. for any questions about your procedure.

### **SCHEDULING AND REGISTRATION**

Pre-registration is required for an accurate medical record and proper billing. You may be contacted by a patient access representative if we need any information. If you need to reschedule your exam, please call the Breast Care Center at 330-363-6285 Monday – Friday between 8 a.m. and 4 p.m.

### **HOSPITAL PARKING**

Free visitor parking is available in Lot 3 across from the Bedford Building. Enter from 6th Street. Valet parking is available at the 7th Street and Bedford Building entrances for a fee – or free if you are a handicapped motorist. Deck parking is available on 7<sup>th</sup> Street for a fee based on your length of stay.

### **DIRECTIONS TO THE DEPARTMENT**

The Breast Care Center is located on the main level of Aultman Hospital between the main building and the Bedford Building.

- Bedford entrance: You will proceed up the stairs or elevators to the main level, and then you will turn to your left and go past Seasons Café. The Breast Care Center will be directly in front of you.
- 7<sup>th</sup> Street entrance: Walk through the lobby. Once you pass the main elevators, turn to your right and go past “The Shoppes at Aultman.” The Breast Care Center will be to the right.