

Appointment Date: _____

Time: _____

LOCATION: Aultman Main Hospital: 2600 6th Street SW, Canton

DEPARTMENT: Imaging Services (Radiology)

SUMMARY OF THE EXAM

A barium enema is an X-ray of the large bowel. Barium is inserted through an enema tip placed in the rectum. This allows the doctor to look for abnormalities in the bowel.

WHAT TO EXPECT

You may feel slight discomfort with the insertion of the enema tip and some cramping and full sensation during the test. Let the staff know if you have cramping.

INSTRUCTIONS

- Please bring a written order from your doctor to the exam.
- Please bring a complete list of all your medications.
- Please bring a driver's license or other photo ID.
- Please arrive 15 minutes prior to your scheduled time.
- Preparation: Obtain the following items from any pharmacy per your doctor's order:
 - 10 oz. bottle of clear Citrate of Magnesia (not cherry).
 - 4 Fleet bisacodyl tablets (it may say Fleet stimulant laxative on the box).
- Take only clear liquids as your diet 24 hours prior to testing. Please refer to the schedule and list of acceptable liquids on this handout. You may not have any solid food or fats of any kind.
- Have nothing to eat or drink after midnight of the day before the exam. Follow the attached instructions.

NOTE: Blood work should always be drawn before X-rays are performed. If you are having blood work, please arrive early and inform the outpatient lab you have a radiology appointment. Please arrive on time for your radiology exam.

LENGTH OF EXAM

Plan on being at the hospital one to one-and-a-half hours

AFTER THE EXAM

Drink plenty of fluids to help move barium through the GI tract. Mild laxative is sometimes helpful to aid in the elimination of barium.

You should expect to receive the results of your exam at your next health care provider appointment (if scheduled) or within 10 days of your exam. Please call your health care provider if you do not receive your results.

QUESTIONS PRIOR TO YOUR TEST

Call 330-363-6200 weekdays between 6:30 a.m. – 11 p.m. or weekends between 7 a.m. – 7 p.m. for any questions about your test.

SCHEDULING AND REGISTRATION

Pre-registration is required for an accurate medical record and proper billing. You may be contacted by a patient access representative if we need any information. If you have questions or need to schedule or reschedule your exam, please call 330-363-6288 or 1-800-837-0440 Monday – Friday between 7 a.m. and 6 p.m. All exams require a written order from your physician.

HOSPITAL PARKING

Free visitor parking is available in Lot 3 across from the Bedford Building. Enter from 6th Street. Valet parking is available at the 7th Street and Bedford Building entrances for a fee – or free if you are a handicapped motorist. Deck parking is available on 7th Street for a fee based on your length of stay.

DIRECTIONS TO THE DEPARTMENT

Imaging Services/Radiology (7th Street deck parking is the closest parking) is located on the ground level of the main hospital. From the main hospital lobby, take the elevators to the ground level. After exiting the elevator, turn to your left and you will see the check-in desk.

Barium Enema Preparation Schedule

Day before the Barium Enema

8 oz. = 1 cup

- 8 a.m. Eat a light meal.
- Noon Lunch – all clear liquids (at least 8 oz.).
- 1 p.m. Drink at least 8 oz. clear liquids.
- 2 p.m. Drink at least 8 oz. clear liquids.
- 3 p.m. Drink at least 8 oz. clear liquids.
- 4 p.m. Take 10 oz. Citrate of Magnesia Oral Solution and follow immediately with at least 8 oz. clear liquids.
- 5 p.m. Drink at least 8 oz. clear liquids.
- 6 p.m. Drink at least 8 oz. clear liquids.
- 7 p.m. Drink at least 8 oz. clear liquids.
- 7:30 p.m. Take 4 Fleet bisacodyl tablets.
- 8 p.m. Drink at least 8 oz. clear liquids.

Day of the Test

- Do not eat or drink anything.
- You may take necessary medications the morning of the exam with a small sip of water.

List of Acceptable Clear Liquids

Bouillon: beef or chicken. Life Savers or other hard candy.
Canned beef or chicken broth. Gummi candy.
Plain Jell-O (no red, green or purple). 7 up, sprite, gingerale, lemon, lime or cream soda.
Coffee, tea with sugar or honey. Tang, apple juice, white grape juice, Gatorade.
Popsicles, lemon ice.
Kool Aid, Crystal Light, other clear, light-powdered drinks (no red, green or purple).

Avoid the following:

- Orange juice.
- All dairy products: milk (even skim) and cream.
- Anything dark red, green or purple.