AVI Fresh is proud to be the culinary services partner to Aultman Hospital. We take extraordinary pride in providing the highest quality, freshest menu available. Thank you for the opportunity to serve you.

We offer a variety of fresh daily features and an Always Available menu for your enjoyment.

A Renal diet, which has been prescribed by your physician, is a plan for kidney health. This diet order helps with avoiding foods that are high in sodium, potassium, and phosphorus.

- High-sodium foods include deli meats, salty snacks, and canned soups and vegetables
- High-potassium foods include fruits and vegetables such as oranges, bananas, potatoes, and tomatoes
- High-phosphorous foods include dairy products, brown rice and whole wheat products, and dark-colored sodas
Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness. Carbohydrate exchange indicated within parenthesis.

Gluten-Sensitive The GS icon indicates selections are prepared without gluten ingredients.
<table>
<thead>
<tr>
<th><strong>SUNDAY LUNCH</strong></th>
<th><strong>DINNER</strong></th>
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</table>
| Chicken and Noodles (2)  
*Accompanied by Green Beans (0)* | Baked Honey Dijon Ham (0.5)  
*Accompanied by Carrots (0.5) and Steamed White Rice (2.5)* |

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<thead>
<tr>
<th><strong>MONDAY LUNCH</strong></th>
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| Grilled Chicken  
*Accompanied by Vegetable Pasta in a Light Cream Sauce (1) California Blend Vegetables (0) and Bread Dressing (1.5)* | Pot Roast (0)  
*Accompanied by Steamed White Rice (2.5) and Carrots (0.5)* |

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<tr>
<th><strong>TUESDAY LUNCH</strong></th>
<th><strong>DINNER</strong></th>
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</table>
| Turkey Burger (1)  
*Accompanied by Baked Potato Chips (1) and Tossed Salad (0)* | Pork with Apple Glaze  
*Accompanied by Pasta (1.5) and Broccoli (0)* |

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<thead>
<tr>
<th><strong>WEDNESDAY LUNCH</strong></th>
<th><strong>DINNER</strong></th>
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</table>
| Meatloaf (1)  
*Accompanied by Renal Potatoes (1) and Green Beans (0)* | Grilled Chicken (0.5)  
*Accompanied by Pasta (1.5) and Roasted Zucchini Squash Medley (0)* |

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<tr>
<th><strong>THURSDAY LUNCH</strong></th>
<th><strong>DINNER</strong></th>
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</table>
| Barbecue Chicken (1)  
*Accompanied by Corn Pudding (1) and Broccoli (0)* | Oven Roast Turkey Breast and Gravy (0)  
*Accompanied by California Blend Vegetables (0) and Bread Dressing (1.5)* |

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<thead>
<tr>
<th><strong>FRIDAY LUNCH</strong></th>
<th><strong>DINNER</strong></th>
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</table>
| Hamburger (1)  
*Accompanied by Baked Potato Chips (1) and Tossed Salad (0)* | Penne Pasta with Meat Sauce (1.5)  
*Accompanied by Roasted Zucchini Squash Medley (0)* |

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<thead>
<tr>
<th><strong>SATURDAY LUNCH</strong></th>
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</table>
| Beef Stroganoff (0.5)  
*Accompanied by Buttered Egg Noodles (2) and Carrots (0.5)* | Vegetable Lasagna with Mozzarella and Marinara (0)  
*Accompanied by Green Beans (0)* |

**DAILY FEATURES**

All lunch and dinner features include choice of Soup or Salad.
## ALWAYS AVAILABLE

### SALADS
- Garden Salad (0)
- Garden Salad with Grilled Chicken (1)

### SOUPS
- Chicken Noodle Soup (0.5)
- Sante Fe Vegetable and Rice Soup (1)

### BROTHS
- Beef Broth (0)
- Chicken Broth (0)

### GRILLED CHOICES
- Hamburger (1)
- Grilled Chicken Sandwich (1.5)
- Turkey Burger (1)

### FRESH SANDWICHES
- Chicken Salad Sandwich (2)
- Tuna Salad Sandwich (2)
- Turkey Sandwich on White or Rye Bread (2)

### ENTRÉES
- Meatloaf (0.5) *with Gravy*
- Meatloaf Sandwich (3)
- Roast Turkey (0) *with Gravy*

### SIDES
- Broccoli (0)
- Roasted Zucchini Squash Medley (0)
- Carrots (0.5)
- Corn (1.5)
- Green Beans (0)
- Renal Potatoes (1)
- Steamed White Rice (2.5)
- Pasta Marinara (1.5)

### DESSERTS
- Apple Crisp (2.5)
- White Cake (2.5)
- Chocolate Cake (2)
- Key Lime Mousse (1)
- Raspberry Mousse (1)
- Oatmeal Cookie (1.5)
- Sugar Cookie (1.5)

- Gelatin (1)
- Sherbet (2)
- Italian Ice (1.5)

### NO-SUGAR ADDED
- Sugar-Free Gelatin (0)