

FRESH IS BEST

PATIENT DINING MENU

WELCOME

AVI Fresh is proud to be the culinary services partner to Aulman Hospital. We take extraordinary pride in providing the highest quality, freshest menu available.

Thank you for the opportunity to serve you.

A Puréed diet, which has been prescribed by your physician, includes only foods that are smooth, which are easily swallowed and require no chewing. All foods are well-blended and moist, with no lumps. A Puréed diet may sometimes be paired with thickened liquids, which helps liquids to be easily swallowed, as well.

PURÉE DIET

RISE N' SHINE DAILY BREAKFAST SPECIALS



CLASSICS

- Purée Scrambled Eggs (0) ^{GS}
- Greek Vanilla Yogurt (1) ^{GS}

BEVERAGES

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|--------------------------------|-----------------------------|--------------------------------|
| HOT BEVERAGES | COLD BEVERAGES | MILKS |
| Coffee (0) ^{GS} | Iced Tea (0) ^{GS} | Skim (1) ^{GS} |
| Decaf Coffee (0) ^{GS} | Lemonade (0) ^{GS} | 1% (1) ^{GS} |
| Tea (0) ^{GS} | | 2% (1) ^{GS} |
| Herbal Tea (0) ^{GS} | 100% JUICES | Lactose Free (1) ^{GS} |
| | Apple (2) ^{GS} | Soy (1) ^{GS} |
| | Cranberry (2) ^{GS} | Chocolate (1.5) ^{GS} |
| | Grape (1) ^{GS} | |
| | Orange (2) ^{GS} | |
| | Prune (1) ^{GS} | |



Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness. Carbohydrate exchange indicated within parenthesis.

^{GS} **Gluten-Sensitive** The GS icon indicates selections are prepared without gluten ingredients.

ALWAYS AVAILABLE

FRUIT

- Purée Pears (1) ^{GS}
- Purée Peaches (1) ^{GS}
- Purée Pineapple (1) ^{GS}
- Applesauce (1) ^{GS}



SOUPS

- Blended Chicken Noodle Soup (0.5)
- Blended Tomato Soup (1.5) ^{GS}
- Blended Potato Soup (0)

BROTHS

- Beef Broth (0) ^{GS}
- Chicken Broth (0) ^{GS}
- Vegetable Broth (0) ^{GS}

DESSERTS

- Vanilla Pudding (1.5) ^{GS}
- Chocolate Pudding (2) ^{GS}
- Gelatin (1) ^{GS}
- Ice Cream (1-2) ^{GS}
- Sherbet (2) ^{GS}

NO-SUGAR ADDED

- Sugar-Free Vanilla Pudding (1) ^{GS}
- Sugar-Free Chocolate Pudding (1) ^{GS}
- Sugar-Free Gelatin (0) ^{GS}

ENTRÉES

- Purée Beef (0)
- Purée Chicken (0)
- Purée Pork (0)
- Purée Turkey (0)

SIDES

- Purée Carrots (0.5) ^{GS}
- Purée Green Beans (0) ^{GS}
- Purée Peas (1) ^{GS}
- Mashed Potatoes (1)

