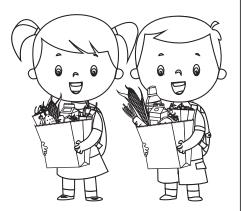




3. Don't invite family and friends over.



4. Reduce frequent shopping trips.



5. Find new ways to connect with friends.

