

Aultman  
2018 Competency Assessment  
Hand Hygiene

Name \_\_\_\_\_ Employee # \_\_\_\_\_ Unit \_\_\_\_\_

Validator \_\_\_\_\_ Date \_\_\_\_\_

Hand Washing	Satisfactory	Unsatisfactory
1. Wet hands with water		
2. Apply soap		
3. Vigorously rub together all surfaces of hands <b>for a minimum of 15 seconds of lathering.</b> <b>Duration of the entire procedure should take approximately 40-60 seconds.</b> a. Attention to palms, back of hands, between fingers, fingernails, area around fingernails & wrists		
4. Rinse with water		
5. Dry thoroughly with single use towel a. Use towel to turn off faucet		
6. May follow with alcohol-based sanitizer to reduce bacterial counts		
Hand Rub		
1. Apply 1 pump of alcohol-based sanitizer in the palm of one hand		
2. Vigorously rub together all surfaces of hands <b>until dry-approximately 20-30 seconds.</b> a. Attention to palms, back of hands, between fingers, fingernails, area around fingernails & wrists		
Employee DOES NOT have the following:		
Artificial nails, tips, extenders, wraps, appliques, acrylic gels, decals, charms, chipped polish No additional items applied to the natural nail surface (with the exception of an approved nail polish color). LDRP, NICU & OR-Artificial nails, bonding, tips, wraps, appliques, acrylic nails, gel nails, gel polish, shellac polish Men-fingernail length should not extend past the tip of finger Women-fingernail length no longer than 1/4 inch from tip of finger		
Ask the employee to verbalize the following:		
Verbalizes the 5 Moments for Hand Hygiene: 1. Before touching a patient 2. Before an aseptic or clean procedure 3. After body fluid exposure or risk 4. After touching the patient 5. After touching the patient surroundings		
Verbalizes additional times for performing Hand Hygiene: Between 2 procedures on the same patient Between a dirty portion and a clean portion of a procedure Before and after handling medication or food After coughing, sneezing, or use of a tissue		
Verbalizes when you <b>MUST</b> wash with soap and water: Hands are visibly soiled or physically soiled or contaminated with proteinaceous material Hands feel sticky/tacky After contamination with body fluids Patient in isolation for organism with spores (Norovirus, C diff, anthrax)		
Verbalizes when you can use <b>just</b> alcohol-based sanitizer Hands are <b>not</b> visibly soiled After removing gloves		
<b>*Document on Remediation form for not demonstrating competency. Include specific area needing review and date when competency will be reviewed (within 30 days). When competency passed, place new validation form in employee file.*</b>		

Source: World Health Organization 2017; Centers for Disease Control and Prevention, 2017; The Joint Commission, 2017  
Place in employee file on unit. Rev.8/2018

# How to handrub?

WITH ALCOHOL-BASED FORMULATION

# How to handwash?

WITH SOAP AND WATER



Apply a palmful of the product in a cupped hand and cover all surfaces.



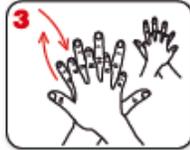
Wet hands with water



apply enough soap to cover all hand surfaces.



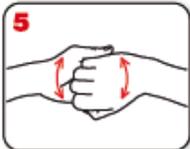
Rub hands palm to palm



right palm over left dorsum with interlaced fingers and vice versa



palm to palm with fingers interlaced



backs of fingers to opposing palms with fingers interlocked



rotational rubbing of left thumb clasped in right palm and vice versa



rotational rubbing, backwards and forwards with clasped fingers of right hand in left palm and vice versa



rinse hands with water



dry thoroughly with a single use towel



use towel to turn off faucet



20-30 sec



...once dry, your hands are safe.



40-60 sec



...and your hands are safe.

Design: monodialog network



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October 2008, version 1.